



1992 - 2016



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I LOVE to COMPETE Awards Program

COMPETITION

COMPETITIONS are important for skaters to attend.

Competitions are where skaters put all those practiced skills to work.

Competition is important to build on personal successes. At competitions skaters strive to achieve personal best times in different distances. It is at competitions that skaters get faster and learn to skate better and develop their skating skills. Competitions are an important part of the speed skating program. Competitions are not about winning but about learning to compete, developing speed skating skills and having fun.

Active Start (under 6) to Active for Life (adult 30+) can attend skating competitions usually called speed skating “meets” in nearby communities, provincially, nationally or internationally.

To encourage Kamloops Long Blades (KLB) skaters to attend competitions KLB will be handing out “**I LOVE TO COMPETE AWARDS**” by I LOVE SPEED SKATING. KLB will hand out these awards at the Awards and AGM Celebration April 30, 2017. All skaters will be eligible for these awards. There is no limit on the number of skaters who will get awards. Special awards will be given to those skaters who attend extra competitions beyond what is being recommended for the award.

The number of competitions and which competitions skaters may want to attend are based on the SSC Age Categories that the skater belongs.

Skaters are not limited to the competitions listed below and may want to attend a competition that is not listed here. Relatives may live in a community that is hosting a meet. All competitions are listed on the BCSSA website <http://www.speed-skating.bc.ca/events-and-results/>. Results for all the competitions can be found at this link as well. As well competitions can also be found at KLB website http://www.kamloopslongblades.ca/index.php?page=pub_cal

Meet registration forms can also be found at the KLB website <http://www.kamloopslongblades.ca/index.php?page=forms>.

Please follow the instruction as outlined in the handbook for registering for competitions.

Should a skater want to attend more competitions or if you have any questions please consult with their coaches Karen or Sandi.



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Active Start (under 6):

Attend 2 of the possible 4 competitions being held on home ice at McArthur Island.

KLB Meets:

1. I Love Speed Skating mini meet- Monday October 24
2. Classic Chill- Interclub- Saturday November 5
3. Coyote Cup- Interclub- Saturday January 28
4. I Love Speed Skating mini meet- Feb or Mar TBA

Fundamentals (girls 6-8 boys 6-9):

Attend 3 of the possible 4 competitions being held on home ice and 1 competition being held around the interior BC as noted below. It is recommended to attend the FUNale which is the regional championships for this age group. Fundamentals can also attend the BCLT.

KLB Meets:

1. I Love Speed Skating mini meet- Monday October 24
2. Classic Chill- Interclub- Saturday November 5
3. Coyote Cup- Interclub- Saturday January 28
4. I Love Speed Skating mini meet- Feb or Mar TBA

Interior Meets:

1. Salmon Arm Interclub- Saturday November 19, 2016
2. Kelowna Interclub- Saturday December 3, 2016
- 3. Vernon Funale Championships- Saturday February 11, 2017**
4. Williams Lake Interclub- Saturday February 25, 2017
- 5. BCLT- Dawson Creek- Sat/Sun- January 21 & 22, 2017**

L2T (girls 8-11 boys 9-12):

Attend 3 of the possible 4 competitions being held on home ice and 2 competitions being held around the interior (1 meet Vernon Funale Championships is focussed for this age group) as noted below.

Those that attend the BCLT and BCST will get recognized for this achievement.

KLB Meets:

1. I Love Speed Skating mini meet- Monday October 24
2. Classic Chill- Interclub- Saturday November 5
3. Coyote Cup- Interclub- Saturday January 28
4. I Love Speed Skating mini meet- Feb or Mar TBA

Interior Meets:

6. Salmon Arm Interclub- Saturday November 19, 2016
7. Kelowna Interclub- Saturday December 3, 2016
- 8. Vernon Funale Championships- Saturday February 11, 2017**
9. Williams Lake Interclub- Saturday February 25, 2017
- 10. BCLT- Dawson Creek- Sat/Sun- January 21 & 22, 2017**
- 11. BCST- hosted by Mission at Abbotsford, March 4 & 5- (time requirements for the BCST)**



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T2T (girls 11-14 boys 12-15):

Attend 3 of the possible 4 competitions being held on home ice and 1 competition being held around the interior BC as noted above, plus 2 competitions outside of the interior and at least one of the BCLT & BCST. It is ideal to attend both BCLT & BCST as these competitions are focussed on this age category (T2T).

The purpose is to attend competitions where the skater will compete with athletes that they normally do not compete against. This list is not inclusive of all opportunities available.

KLB Meets:

1. I Love Speed Skating mini meet- Monday October 24
2. Classic Chill- Interclub- Saturday November 5
3. Coyote Chill or Speedtacular- Saturday January 28 & Sunday January 29
4. I Love Speed Skating mini meet- Feb or Mar TBA

Interior Meets:

1. Salmon Arm Interclub- Saturday November 19, 2016
2. Kelowna Interclub- Saturday December 3, 2016
3. Vernon Funale Championships- Saturday February 11, 2017
4. Williams Lake Interclub- Saturday February 25, 2017

Possible Other Meets Please check the BCSSA events calendar for full listing:

1. Prince George- Sat November 19, 2016
2. Edmonton- Sat/Sun November 12 & 13, 2016
3. Richmond- TBA
4. Ridge Meadow- Sat December 3, 2016

BC Championships:

1. BCLT- Dawson Creek- Sat/Sun- January 21 & 22, 2017
2. BCST- hosted by Mission at Abbotsford March 4 & 5- (time requirements)

Juniors/Seniors/Masters:

These skaters should attend high end competitions as outlined in the BCSSA Athlete Development Bulletin. These skaters need to have a plan in place with Coach Co-ordinator, Sandi. Awards will be awarded for those that attend competitions as negotiated with Sandi.