



## Please read all of the information-

### Welcome to the Kamloops Long Blades Classic Chill 2016.

This event will be a full day of racing for all age groups. It will be a fun competition as always.

- Location:** McArthur Island Sport and Event Centre Arena #2 (Olympic Rink)  
McArthur Island Park, 1665 Island Parkway Drive, Kamloops, BC
- Time:** 9:00am - 5:00pm
- Sanction:** BCSSA Competition
- Medical:** St. John Ambulance, Protocol for Speed Skating Events in BC
- Meet Entries:** List of registrants **must be sent to Recorder, Trish Archibald by midnight Thursday, October 27, 2016.** An excel spreadsheet is posted on BCSSA and KLB events calendar. Email Trish (new email address): [trisharch8524@gmail.com](mailto:trisharch8524@gmail.com) .
- Entry Fee:** \$35.00: FUNd/L2T/T2T/Jr/Sen/A4L: (6+ years)  
\$25.00; Active Start ( under 6)  
(Includes \$2 for ODC)
- Format:** mixed ability, all ages
- Eligible Skaters:** All SSC registered skaters  
**C4L** (Competitive for Life) includes **A4L** (Masters) and others over 15 wishing to be in this group. They will skate in their own division. Please indicate on form **AS** (Active Start) will skate throughout the competition, with earlier finish as they will skate fewer races than the older competitors.
- Seed Time:** **AS**- 100m & 200m  
**L2T** - 100 & 200m & 400m & & 800m & 1200m on 100m (and 500 on 111m)  
**T2T (all T2T)** - 200m, 400m & 1500m on 100m (and 500m on 111m)  
**T2T14, T2T15, Junior & Senior** - 500m & 1000m & 1500m (111m)  
**A4L** - 500m & 1000m
- Registration:** **9:00am Sat, November 5 @ the arena.** For ease of registration/bookkeeping we request that we receive one cheque per club.

**Skater Equipment:** All skaters are required to wear equipment as outlined by SSC /ISU Procedures and Regulations.

SSC Red Book Section D Rule D3-100 (for skin suit rules on Kevlar or Dymatec)  
Green Book ISU Rule 291 Equipment of Skater 1(f)

Skater Helmets must conform to **SSC Rule D-3** "NO Bicycle helmets are allowed". Helmets must be CSA approved and must be securely fastened under the chin.

Skate Tip Blade Safety: ends must be rounded off with min. of 10 mm. radius in accordance with ISU rule 291.

**Officials:** PLEASE INCLUDE A LIST OF ANYONE INTERESTED IN OFFICIATING on the excel spread sheet (2<sup>nd</sup> tab)  
- KLB requires officials in all positions. Please consider volunteering.

*Reminder:*

*All on-ice officials must wear safety headgear that conforms to **SSC Rule D-4** for Short Track officials.*

**We will be using helmet covers with numbers.**

<b><u>Tentative Schedule:</u></b>	<b>Registration:</b>	9:00 am
	Safety Protocol Meeting:	9:10 am
	<b>Coaches/Officials Meeting:</b>	9:30 am
	<b>General Warm-ups:</b>	9:30 am
	<b>Racing to follow warm-up and flood until</b>	5:00 pm

**For More Information, please contact:**

**Meet Coordinator:** Carol Dougan  
(250) 374-5562 or email: [cbdougan@shaw.ca](mailto:cbdougan@shaw.ca)

**Chief Recorder:** Trish Archibald  
(250) 828-0640 or email: [trisharch8524@gmail.com](mailto:trisharch8524@gmail.com) (new email address)

**ENTRY CLOSING DATE:** **Midnight Thursday, October 27, 2016**

E-mail list of registrants to: Trish Archibald: [trisharch8524@gmail.com](mailto:trisharch8524@gmail.com)

**FOR MORE INFORMATION CONTACT:**

**Meet Coordinator** – Carol Dougan at (250) 374-5562 or email: [cbdougan@shaw.ca](mailto:cbdougan@shaw.ca)  
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***Please bring all meet entry forms together at registration with one club cheque.  
Fees and Waivers are due prior to the skaters going on the ice. Thanks!***

**WE LOOK FORWARD TO SEEING YOU HERE**



MEET ENTRY FORM



DATE: Saturday, November 5, 2016 LOCATION: McArthur Island Sports Centre – Kamloops, B.C.
TIME: on ice 9:30 am – 5:00 pm TRACK: 111m OVAL and 100m OVAL
MEET TYPE: Ability, all ages SANCTIONS: BCSSA Competition Sanction
ELIGIBILITY: All BCSSA/SSC registered skaters FIRST AID: St. John Ambulance

SKATER NAME CLUB

SSC RACING # BIRTH DATE day month year

PREVIOUS BEST TIME

100M track (AS/L2T/T2T) 100M 200M 400M 800m 1200m 1500m

111.12M track (L2T & T2T & Jr & SEN & A4L) 500M 1000M 1500M

NEW SKATERS MAY HAVE COACH SUBMIT TIMES

WAIVER By signing this entry form, I hereby, for myself, my heirs, executors, administrators and assigns, waive and release any and all rights and claims for damages I may have against McArthur Island Sport and Event Centre, SSC and BCSSA, the Kamloops Long Blades and all sponsors concerned, their agents, Officers or members, for any and all injuries suffered by me at said contest to be held November 5, 2016 at the McArthur Island Sport and Event Centre at Kamloops, British Columbia, Canada.

This information is collected under the authority of the Freedom of Information and Protection of Privacy Act. It is required to register you in the competition. Financial information will be used to process payment. Organization of competitions/events requires that names will appear on posted race lists and result print outs. Names/Images of participants may be published on boards, websites, media, newsletters and promotional material. Alternative contact and medical information will only be used in a medical emergency. If you have questions about the collection of or use of this information, contact the Competition/Event Organizer at 250-374-5562 or by email at cbdougan@shaw.ca.

US skaters must provide proof of current membership in the form of a letter from the State Association or an identity card and will need to be shown at registration. US skaters are NOT covered by BCSSA or SSC insurance and must carry their own insurance. In Witness whereof, I have hereunto set my hand and seal;

THIS DAY OF, 2016

SKATER'S SIGNATURE:

PARENT'S SIGNATURE:

(if skater is under legal age)

Concussion Protocol: I have read and agree with the BCSSA Concussion Protocol. The BCSSA Concussion Protocol can be found on the Safety webpage About Tab/Safety: http://www.speed-skating.bc.ca/about/safety/

YES