

## Please read all of the information

Welcome to the Kamloops Long Blades Classic Chill 2018.
This event will be a full day of racing for all age groups.

Kamloops has fast ice and great officials. Please consider volunteering as an official by letting Carol know in advanced.

It will be a fun competition as always.

| Location: | McArthur Island Sport and Event Centre Arena \#2 (Olympic Rink) |
| :--- | :--- |
|  | McArthur Island Park, 1665 Island Parkway Drive, Kamloops, B.C. |
| Date \& Time: | Saturday, November 3, 2018 from 9:00am-5:00pm |
| Sanction: | BCSSA Competition |
| Medical: | St. John Ambulance, Protocol for Speed Skating Events in BC |

Meet Entries: List of registrants must be sent to Recorder, Tina Peters by midnight Thursday,
October 25, 2018. An excel spreadsheet is posted on BCSSA and KLB events calendar.
Email Tina: tandj@xplornet.com.

Entry Fee: $\quad$ Active Start: $\$ 25 ;$
$\$ 40.00$ for all other Age Categories.
(Includes $\$ 2$ for ODC)
No late entries
Format: Ability, all ages

Eligible Skaters: All SSC registered skaters
C4L (Competitive for Life) includes A4L (Masters) and others over 15 wishing to be in this group. They will skate in their own division. Please indicate on form.
AS (Active Start) will skate throughout the competition, with earlier finish as they will skate fewer races than the older competitors.

Distances and Times: AS-100M \& 200M
FUNd/L2T- 200, 400, 800, 1200(100) \& 500(111)
All T2T - 200m, 400M \& 1200M \& 1500M(100) \& 500(111)
T2T14, T2T15, Junior \& Senior -500M \& 1000m \& 1500M
C4L \& A4L-500M \& 1000M

| Registration: | 9:00am Sat, November 3 @ the arena. For ease of registration/book request that we receive one cheque for each club. |
| :---: | :---: |
| Skater Equipment: | All skaters are required to wear equipment as outlined by SSC /ISU Proce Regulations. <br> SSC Red Book Section D Rule D3-100 (for skin suit rules on kevelar or Dy Green Book ISU Rule 291 Equipment of Skater 1(f) and 2; page 100 |
|  | Skater Helmets must conform to SSC Rule D-3 "NO Bicycle helmets are Helmets must be CSA approved and must be securely fastened under the |
| Officials: PLEASE INCLUDE A LIST OF ANYONE INTERESTED IN OFFICIATING on the spread sheet |  |
| - we require officials in all positions. |  |
|  | Reminder: |
|  | All on-ice officials must wear safety headgear that conforms to SSC Short Track officials. |
| We will be using helmet covers. |  |
| Tentative Schedule: |  |
|  | Registration: 9:00 am |
|  | Safety Protocol Meeting: 9:10 am |
|  | Coaches/Officials Meeting: 9:30 am General |
|  | Warm-ups: 9:30 am |
|  | Racing to follow warm-up and flood until 5:00 pm |
| For More Information, please contact: |  |
| Meet Coordinator: Carol Dougan (778) 257-2177 or email: cbdougan@gmail.com |  |
| Chief Recorder: Tina Peters email: tandj@xplornet.com |  |
| Entry Closing: | Midnight Thursday October 25,2018 <br> (a late fee of $\$ 20$ per skater will be charged after this date) |
|  |  |
| Email list of Registrants to Tina Peters: tandj@xplornet.com |  |
| Please bring all meet forms together at registration with one Club cheque Fees and Waivers are due prior to skaters going on the ice. Thanks! |  |
|  |  |  |

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| DATE: | Saturday, November 3, 2018 |
| :--- | :--- |
| TIME: | $9: 00$ am $-5: 00 \mathrm{pm}$ |
| MEET TYPE: | Ability, all ages |
| ELIGIBILITY: | All BCSSA/SSC registered skaters |

SKATER NAME $\qquad$ CLUB $\qquad$

Age Category: $\qquad$

LOCATION: McArthur Island Sports Centre - Kamloops, B.C.
TRACK: $\quad 111 \mathrm{~m}$ OVAL and 100 m OVAL
SANCTIONS: BCSSA Competition Sanction
FIRST AID: St. John Ambulance

SSC RACING \# $\qquad$
SSC RACING \# _ _

BIRTH DATE $\frac{}{\text { month }} \frac{}{\text { day }} \frac{}{\text { year }}$

$$
\overline{\text { month }} \text { day year }
$$

## PREVIOUS BEST TIME

# 100M track (AS/FUNd/L2T/T2T) 100M <br> 200M <br> $\qquad$ 400M <br> $\qquad$ 800m <br> $\qquad$ 1200m <br> $\qquad$ 1500m 

111.12M track (T2T14/15 \& Jr \& SEN \& A4L) 500M $\qquad$ 1000M $\qquad$ 1500M $\qquad$
NEW SKATERS MAY HAVE COACH SUBMIT TIMES

WAIVER By signing this entry form, I hereby, for myself, my heirs, executors, administrators and assigns, waive and release any and all rights and claims for damages I may have against McArthur Island Sport and Event Centre, SSC and BCSSA , the Kamloops Long Blades and all sponsors concerned, their agents, Officers or members, for any and all injuries suffered by me at said contest to be held November 3, 2018 at the McArthur Island Sport and Event Centre at Kamloops, British Columbia, Canada.

This information is collected under the authority of the Freedom of Information and Protection of Privacy Act. It is required to register you in the competition. Financial information will be used to process payment. Organization of competitions/events requires that names will appear on posted race lists and result print outs. Names/Images of participants may be published on boards, websites, media, newsletters and promotional material. Alternative contact and medical information will only be used in a medical emergency. If you have questions about the collection of or use of this information, contact the Competition/Event Organizer at 778-2572177 or by email at cbdougan@gmail.com.

US skaters must provide proof of current membership in the form of a letter from the State Association or an identity card and will need to be shown at registration. US skaters are NOT covered by BCSSA or SSC insurance and must carry their own insurance. In Witness whereof, I have hereunto set my hand and seal;
THIS $\qquad$ DAY OF $\qquad$ 2018

SKATER'S SIGNATURE: $\qquad$

PARENT'S SIGNATURE: $\qquad$ (if skater is under legal age)

Concussion Protocol: I have read and agree with the BCSSA Concussion Protocol.The BCSSA Concussion Protocol can be found on the Safety webpage About/Tab: http:www.speedskating.bc.ca/about/sadety/ Yes

## FOR MORE INFORMATION CONTACT:

Meet Coordinator - Carol Dougan at (250) 374-5562 or email: cbdougan@gmail.com Chief Recorder: Tina Peters email: tandj@xplornet.com

