



# **WELCOME** to our annual FUN competition!

The **Kamloops Long Blades** would like to invite you to enjoy a day of racing at McArthur Island **Saturday January 26**<sup>th</sup>, **2019.** 

The 8*th Annual Coyote Cup*, hosted by the Kamloops Long Blades has grown every year, as Clubs vie for the coveted Coyote Cup. The competition is open to skaters, from Active Start (AS) to Train to Train (T2T). This is an ability format with all skaters skating in the same group throughout the day. Medals will be awarded at the end of the competition for all skaters, so please stay for the presentation of medals and to find out which Club will win the Coyote Cup.

Carol Dougan, Meet Coordinator (778) 257-2177 - <a href="mailto:cobdougan@gmail.com">cobdougan@gmail.com</a> Kamloops Long Blades Speed Skating Club

## **INFORMATION**

**LOCATION:** McArthur Island Sport Centre, Arena #2

1665 Island Parkway, Kamloops BC

CLUB REGISTRATION: Saturday January 26th, 2019 @ 9 AM at the rink

Please provide:

- Signed Entry Form for each skater from your club

- Entry Fees paid in full – one cheque per club

(payable to Kamloops Long Blades)

COACHES MEETING: @ 9:30 AM in the meeting room

PRACTICE/WARMUP: @ 9:30 AM

**RACING STARTS:** Follows warm up sessions

RACING ENDS: Around 4:00 with medal presentation to follow



#### **2019 COYOTE CUP**

Hosted by Kamloops Long Blades Speed Skating Club

January 26, 2019

**SANCTION**: BCSSA

**MEET TYPE**: All abilities.

TRACK: 100m & 111.12m (Olympic Size Ice Surface)

FIRST AID: St. John Ambulance in accordance with the BCSSA Medical Requirement

/Protocol for Speed Skating Events as well as the SSC- Red Book D3-100

for minimum equipment requirement regulations.

MEDICAL FORMS: We kindly encourage coaches to bring athlete Medical Forms, especially if

athlete is not travelling with parent/guardian. This form will guide First

Responders and Medical personnel for medical treatment.

ENTRY DEADLINE: Each Club must submit the spreadsheet of all registrants

to the Recorder by Thursday, January 17th, 2019 @ 9 PM

Meet Recorder: kari.lee.ann.rae@gmail.com

**ENTRY FEES:** \$45.00 per skater all age groups

Active Start skate throughout the competition and receive medals

Late Registration Fee of \$20 per skater.

No Refunds after Jan 23th

All skaters will receive medals at the medal presentation

If you are available to volunteer your time as an official, in any position or level, please contact us at your earliest convenience.

Carol Dougan: <a href="mailto:cbdougan@gmail.com">cbdougan@gmail.com</a>

## **ENTRY Form**



### **2019 COYOTE CUP**

Saturday, January 26th, 2019

All skaters will skate in the same grouping (by age and ability) of 3-5 skaters for all distances. Please submit <u>as</u> many personal best times as possible to create meaningful groupings.



Medal presentations to follow racing. Please stay! Points for clubs are awarded to win the Coyote Cup trophy.

SKATER NAME:			CLUB		
BIRTH DATE:	nonth day	year	MF SSC#		
AGE as of JULY 1, 2018			CATEGORY		
100m track: 100m	200m	400m	400m	800m	1200m
111m track : 500m	1500m_				
		<u>Wa</u>	iver		
the competition, and may be use Organization of the competition programs. Names/Pictures may a medical emergency. If you have In consideration of my accepting and all rights and claims for details.	sed to contact you ons requires that native on boards, me ave questions about this entry, I herelamages I may have a Association, Speed January 26, 2019	regarding future of ames will appear dia and in newslout the collection of by, for myself, my against the City aged Skating Cana b.	competitions. Fina on posted pairing etters. Alternative of for use of this infor theirs, executors, a of Kamloops, the ida, its Agents, Offi	ncial information we and seeding lists ontact and medical rmation, contact the administrators and Kamloops Long B icers or Members,	assigns, waive and release any lades Speed Skating Club, the for any and all injuries suffered
Signature of Parent or Guardia	n:				
Signature of Competitor (if over	r the age of 18)	_			
Concussion Protocol: The Exting bc.ca/about/safety/				,	Tab/Safety: http://www.speed

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