



kamloopslongblades.ca



WELCOME to our annual FUN competition!

The **Kamloops Long Blades** would like to invite you to enjoy a day of racing at McArthur Island **Saturday February 1st, 2020**.

The **9th Annual Coyote Cup**, hosted by the Kamloops Long Blades, has grown every year as Clubs vie for the coveted Coyote Cup. The competition is open to skaters, from Active Start (AS) to Train to Train (T2T). This is an ability format with all skaters skating in the same group throughout the day. Medals will be awarded at the end of the competition for all skaters, so please stay for the presentation of medals and to find out which Club will win the Coyote Cup.

Carol Dougan, Meet Coordinator (778) 257-2177 - cbdougan@gmail.com

Kamloops Long Blades Speed Skating Club

INFORMATION

LOCATION:

McArthur Island Sport Centre, Arena #2
1665 Island Parkway, Kamloops BC

CLUB REGISTRATION:

Saturday February 1st, 2020 @ 9 AM at the rink

Please provide:

- Signed Entry Form for each skater from your club
- Entry Fees paid in full – one cheque per club
(payable to *Kamloops Long Blades*)

COACHES MEETING:

@ 9:30 AM in the meeting room

PRACTICE/WARMUP:

@ 9:30 AM

RACING STARTS:

Follows warm up sessions

RACING ENDS:

Around 4:00 **with medal presentation to follow**



2019 COYOTE CUP

Hosted by Kamloops Long Blades Speed Skating Club

SATURDAY February 1, 2020

- SANCTION:** BCSSA
- MEET TYPE:** All abilities.
- TRACK:** 100m & 111.12m (Olympic Size Ice Surface)
- FIRST AID:** St. John Ambulance in accordance with the BCSSA Medical Requirement /Protocol for Speed Skating Events as well as the SSC- Red Book D3-100 for minimum equipment requirement regulations.
- MEDICAL FORMS:** We kindly encourage coaches to bring athlete Medical Forms, especially if athlete is not travelling with parent/guardian. This form will guide First Responders and Medical personnel for medical treatment.
- ENTRY DEADLINE:** Each Club must submit the spreadsheet of all registrants to the Recorder by **Thursday, January 23rd, 2020 @ 9 PM**
Meet Recorder: Karen Benn vernonvortex@gmail.com
- ENTRY FEES:** \$45.00 per skater all age groups
Active Start skate throughout the competition and receive medals
Late Registration Fee of \$20 per skater.
No Refunds after January 29th, 2020
All skaters will receive medals at the medal presentation

If you are available to volunteer your time as an official, in any position or level, please contact us at your earliest convenience.

Carol Dougan: cbdougan@gmail.com

ENTRY Form



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2020 COYOTE CUP

Saturday, February 1st, 2020



Medal presentations to follow racing. Please stay!
Points for clubs are awarded to win the Coyote Cup trophy.

All skaters will skate in the same grouping (by age and ability) of 3-5 skaters for all distances.
Please submit **as many personal best times** as possible to create meaningful groupings.

SKATER NAME: _____ CLUB _____

BIRTH DATE: _____ M _____ F _____ SSC# _____
month day year

AGE as of JULY 1, 2019 _____ CATEGORY _____

100m track: 100m _____ 200m _____ 400m _____ 400m _____ 800m _____ 1200m _____

111m track : 500m _____ 1500m _____

Waiver

Information is collected under the authority of the Freedom of Information and Protection of Privacy Act. It is required to register you in the competition, and may be used to contact you regarding future competitions. Financial information will be used to process payment. Organization of the competitions requires that names will appear on posted pairing and seeding lists and result printouts as well as programs. Names/Pictures may be on boards, media and in newsletters. Alternative contact and medical information will only be used in a medical emergency. If you have questions about the collection of or use of this information, contact the events Coordinator.

In consideration of my accepting this entry, I hereby, for myself, my heirs, executors, administrators and assigns, waive and release any and all rights and claims for damages I may have against the City of Kamloops, the Kamloops Long Blades Speed Skating Club, the British Columbia Speed Skating Association, Speed Skating Canada, its Agents, Officers or Members, for any and all injuries suffered by me at said contest to be **held February 1, 2020.**

In Witness Whereof, I Have Hereunto set my Hand and Seal this _____ day of _____ 20____

Signature of Parent or Guardian: _____

Signature of Competitor (if over the age of 18) _____

Concussion Protocol: The BCSSA Concussion Protocol can be found on their Safety webpage **About Tab/Safety:** <http://www.speed-skating.bc.ca/about/safety/> I have read and agree with the BCSSA Concussion Protocol YES _____

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Meet Recorder: vernonvortex@gmail.com Karen Benn